



# St. John's Counselling Service Social Skills Summer Program!

## Creative Art Therapy Program for Children Ages 5 -12



Children who feel good about themselves and can have positive relationships with others demonstrate greater success in school and social life. Academic research also shows that happy children can perform up to 50% faster and more successfully in math and other school exams and assignments when they are in a good mood. In other words, happiness breeds greater success (in school) and enduring joy (in home) with our children.

St. John's Counselling Service **Social Skills Summer Program** is delivered in a fun, safe and effective-caring manner with a range of **Art** and **Games** activities that will help children develop positive social skills and better self-awareness. By using art and game activities, children will learn how to better understand their feelings and communicate with others in a more appropriate, friendly and confident way. Goals of the weekly art and play activities will model how to:

- Ø Increase confidence and positive self-esteem;
- Ø Develop positive identity and confident autonomy;
- Ø Enhance coping skills for peer pressure and life's *bump in the roads*;
- Ø Become part of a group (compromise and leadership training);
- Ø Manage conflict in bullying and teasing settings;
- Ø Identify and express feelings;
- Ø Build-up communication skills;
- Ø Develop and maintain friendships.



**Classes:** Three age groups (**Group A** 5-8, **Group B** 9-10, and **Group C** 11-12)

**Program A:** Once a week workshops: 9:00am – 11:30am **or** 12:00pm -2:30pm  
(commencing Monday, June 30, 2008 – ending Monday, August 4, 2008 - 6 weeks)

**Program B:** Twice a week workshops: 9:00am – 11:30am **or** 12:00pm - 2:30 pm **or** 3:00pm -5:30pm  
(commencing Monday, July 14, 2008 – ending Friday, August 1, 2008 - 3 weeks)

**Location:** Parkview, Hong Kong Island

**Cost:** Early bird registration is \$2,700 per child (fee includes all materials, snacks and certificate)

**NOTE: Registration fee after 15 June, 2008 is \$3,400 per child**

St. John's Counselling Service Summer Program facilitators have extensive experience working with children in schools and clinic settings: **Olivia Hwang** (B.A., M.A.), **Jackie Li** (B.A., MSocSc), and **Samantha Ng** (B.A., D.V.A.T.I), a professional art therapist. Olivia, Jackie and Samantha will be incorporating art therapy, play therapy and psycho-education activities that effectively guide children into building positive relationships, collaboration with other kids, and oh yes, having fun!

Call us today for more information and registration on 2525-7207/08  
or email us at [info@sjcshk.com](mailto:info@sjcshk.com)

You may also visit our website at <http://www.sjcshk.com/Summer Program>  
for further details.

**St. John's Counselling Service**  
A Positive Psychology Centre  
<http://www.sjcshk.com>



# St. John's Counselling Service

## Social Skills Summer Program

### Registration Form

#### Program Details

Who Should Attend: Children between the ages of 5 thru 12

Medium: English

Activities: Cool games and art, structured group activities, play and alot of fun and learning

Special Skills Required: None

Fee: Early Bird Registration (on or before 15 June 2008) - \$2,700.00 per child  
Regular Registration (after June 15 2008) - \$3,400.00 per child

Venue: Hongkong Parkview - 88 Tai Tam Reservoir Road Hong Kong

Time: **Program A:** Monday or Wednesday or Friday (9 AM - 11:30AM or 12:00 - 2:30PM)  
Commencing 30 June 2008 (Monday) - Ending 4 August 2008 (Monday) One day a week for 6 weeks  
**Program B:** Tuesday or Thursday 9 AM - 11:30AM, 12:00 - 2:30PM or 3 - 5:30PM  
Commencing 14 July 2008 (Monday) - Ending 1 August 2008 (Friday) Two days a week for 3 weeks

Classes: **Group A** (5 - 8 year olds) **Group B** (9 - 10 year olds) **Group C** (11 - 12 year olds)

#### Important Notice

Fees are non-refundable. Fees to be paid by cash and/or cheque only. Final registration allowed on day of program commencement. Receipt of application fee will be sent to applicants within two days after registration. Certificate of Achievement shall be issued by St. John's Counselling Service with at least 80% attendance rate. St. John's Counselling Service reserves the right to modify the days/times of classes due to class size/enrolment.

#### Registration Form

**Program A** check only one box (once a week sessions x 6 weeks) or **Program B** check only two boxes (twice a week sessions x 3 weeks)

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Program A Monday (9AM)     | <input type="checkbox"/> Program A Wednesday (9AM)     | <input type="checkbox"/> Program A Friday (9AM)      |
| <input type="checkbox"/> Program A Monday (12 noon) | <input type="checkbox"/> Program A Wednesday (12 noon) | <input type="checkbox"/> Program A Friday (12 noon)  |
| <input type="checkbox"/> Program B Tuesday (9AM)    | <input type="checkbox"/> Program B Tuesday (12 noon)   | <input type="checkbox"/> Program B Tuesday (3:00PM)  |
| <input type="checkbox"/> Program B Thursday (9AM)   | <input type="checkbox"/> Program B Thursday (12 noon)  | <input type="checkbox"/> Program B Thursday (3:00PM) |

Full name (English - Parent) \_\_\_\_\_

(English - Child/Children) \_\_\_\_\_

Correspondence Address:

\_\_\_\_\_

\_\_\_\_\_

Tel No.: (Day) \_\_\_\_\_ Mobile: \_\_\_\_\_

E-mail: \_\_\_\_\_

Payment: \_\_\_\_\_ (make cheque out to "St. John's Counselling Service")

Send crossed cheque with application form to: St. John's Counselling Service, Suite 7/D 7th Floor On Hing Building, 1-9 On Hing Terrace, Hong Kong

**Inquiries please call 2525 7207/08 or visit our website at <http://www.sjcshk.com/Summer Program>**